# WHERE CAN I GO TO GET MY RECOMMENDED VACCINES?

Now is the time to make sure you are up-to-date with your recommended vaccines, like the flu shot. This is one of the best ways to avoid getting sick, missing work, and being hospitalized. Getting vaccinated protects both you and those close to you. Getting the vaccines you need is safer and more convenient than ever before.



#### **DOCTOR'S OFFICE**

Schedule an appointment with your doctor to talk about which vaccines you need - and get vaccinated on the spot.



If you are hospitalized for any reason, you can talk to your care team about vaccines before discharge.





### **LOCAL HEALTH CENTER**

Federally funded health centers offer many health services, including vaccinations, regardless of insurance status. Visit one of these locations to get your vaccines today!



### **PHARMACIES/RETAIL CHAINS**

Pharmacies offer most vaccines for adults. Call ahead to make sure the pharmacy has the vaccines you need and find out how much you need to pay.





## **LOCAL HEALTH DEPARTMENT**

State and local health departments are great resources to find out where you can get vaccinated and learn more about about free and low-cost vaccines.



Like pharmacies, many retail grocers offer a variety of the vaccines you need.



